

# IF ONLY I KNEW HOW TO DO IT...

How to study effectively at university?

The course is supported by the project **EFOP-3.4.3.-16-2016-00005 „Korszerű egyetem a modern városban: Értékközpontúság, nyitottság és befogadó szemlélet egy 21. századi felsőoktatási modellben”**.

# If only I knew how to do it...

## Course requirements

- 14 lectures + 14 seminars
- Absences: max. 15% ( 2 classes)
- Your final midsemester grade will be based on:
  - Activity in classes
  - Individual tasks
  - Team work
  - Home assignments

# If only I knew how to do it...

## Topics

### Lecture

1. General characteristics of university studies.  
Types of classes, assignments, exams.
2. **Know yourself:** motivation to study
3. Know yourself: styles of studying
4. Know yourself: strategies of studying
5. **Study techniques:** reading
6. Study techniques: studying from a textbook
7. Study techniques: taking notes, preparing an outline

### Seminar

1. Types of exam questions
2. Motivation inventory
3. Diagnosis of style of studying
4. Reading comprehension practices
5. Practices for focusing your attention
6. Image memories – memory images
7. Concentration practices

# If only I knew how to do it...

## Topics

### Lecture

8. **Study sources:** using a library
9. Study sources: using the internet
10. Test writing, question types
11. Preparing for exams, passing an exam
12. Presentations
13. **Manage your study customs:** optimal outer and inner conditions
14. Manage your study customs: time management

### Seminar

8. Problem solving tasks
9. Logical tasks developing combinatory skills
10. Developing peripheral vision
11. Increasing the width of visual fixation
12. Rhythmic eye movements
13. Practice to observe and increase awareness of study customs
14. Implementing new study customs

# University studies

- 2 semesters: fall, spring semester
- Semester:
  - Registration period (1-2 weeks)
  - Instruction period (14 weeks)
  - Exam period (7 weeks)
- Enrolment, taking up courses
  - Strict deadline
  - Student's responsibility
  - Credit system – individual curriculum

# WEBSITE – Registrar's Office

ABOUT THE FACULTY DEPARTMENTS EDUCATION ADMINISTRATION OTHER UNITS ENTRANCE EXAM

Medical School  
Dentistry Program  
Biotechnology MSc Program

Students  
Future Students  
Visitors  
Alumni

## Registrar's Office of Faculty of Pharmacy

### Information related to the training

#### Booklets and Curricula 2020/2021

- > [Detailed schedule and deadlines of the academic year 2020/2021](#)
- > [Information for Freshmen](#)
- > [Campuses, buildings, teaching facilities - maps and floor plans, room-IDs](#)

[Online map](#)

Introduction, contacts  
Tasks  
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Course finder  
Announcements  
Codes and Guidelines  
Timetables  
Professional practices

# FACULTY OF PHARMACY

Schedule of the academic year 2020/2021

## Pharmacy major

1. semester	years affected / responsables	Period
Deadline for submitting requests for transfer or visiting student status		01. August 2020. (03. August 2020.)
Deadline for submitting requests for credit transfer (for fall semester)	I-V. year	01. August 2020. (03. August 2020.)
Deadline for submitting tuition fee related requests	I-V. year	14. August 2020.
Deadline for paying the first instalment (40%) of the tuition fee, deadline for submitting the payment receipt of the first instalment of the tuition fee	I-V. year	14. August 2020.
Deadline for submitting requests for taking up a subject in a different language (with the approval of the Department of Languages for Specific Purposes) or in a different major	I-V. year	01. August 2020. (03. August 2020.)
Finalizing the timetables on the website of the Registrar's Office	I-V. year / Registrar's Office	19. August 2020.
Registration period	I-V. year	24. August 2020. 8:00 - 05. September 2020. 24:00
Matriculation (Neptun, Registrar's Office)	I. year	24. August 2020. 8:00 - 04. September 2020. 12:00 (noon)
Enrolment	I-V. year	24. August 2020. 8:00 - 05. September 2020. 24:00
Taking up and dropping obligatory subjects	I-V. year	24. August 2020. 9:00 - 05. September 2020. 24:00
Taking up and dropping obligatory subjects for students progressing according to the recommended curriculum to the group registered in Neptun	I-V. year	From 24. August 2020. 9:00
Taking up and dropping obligatory subjects to the group registered in Neptun	I-V. year	From 03. September 2020. 8:00
Taking up and dropping obligatory subjects to any group	I-V. year	04. September 2020. 8:00 - 05. September 2020. 24:00
Taking up and dropping exam courses (in the language taken up previously)	I-V. year	24. August 2020. 9:00 - 11. September 2020. 24:00
Taking up elective, optional subjects, criterion requirements	I-V. year	31. August 2020. 9:00 - 11. September 2020. 24:00
Dropping elective, optional subjects, criterion requirements	I-V. year	31. August 2020. 9:00 - 09. September 2020. 24:00
Registration and deregistration of pre-scheduled exams	I-V. year	24. August 2020. 9:00 - 28. August 2020. 12:00 (noon)
Prescheduled exams exclusively for exam courses	I-V. year	31. August 2020. - 02. September 2020.
Checking own course list (checking the list of registered subject subjects)	I-V. year	05. September 2020. 24:00
Orientation day	I. year	31. August 2020 - 4. September 2020.
Opening ceremony	I. year	06. September 2020. 17:00
Professional practice of the 5th year	V. year	13. July 2020. - 13. September 2020.
Instruction period	I-IV. year	07. September 2020. - 11. December 2020. (14 weeks)
Instruction period for the 5th year	V. year	14. September 2020. - 11. December 2020. (14 weeks)
Late activation of passive status	I-V. year	07. September 2020. - 25. September 2020.
Late passivation of active status	I-V. year	07. September 2020. - 02. October 2020.
Deadline for submitting requests for late registration of obligatory subjects (only in particularly reasonable cases, with the approval of the course director)	I-V. year	07. September 2020. - 25. September 2020.
Deadline for paying the second instalment (60%) of the tuition fee, deadline for submitting the payment receipt of the second instalment of the tuition fee	I-V. year	15. October 2020.
Determining the exam dates (agreement on the semester exam and final exam dates with the student year representatives)	I-V. year + year representatives	13. November 2020.
Announcing semester exam and final exam dates in Neptun	I-V. year / course director	13. November 2020.
Exam dates are listed in Neptun	I-V. year	From 13. November 2020.
Start of registration for exams (with valid feedback bonus)	I-V. year	02. December 2020. 7:00



# Orientation Guide

University of Pécs  
Medical School / Faculty of Pharmacy

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## Orientation guide

Online Preparatory  
Course,  
Orientation Days



0

Freshman Camp



1

Enrollment /  
Matriculation



2

Curriculum and Yearly  
Study Programmes



3

Neptun Guide



4

Registering for Courses



5



# Recommended curriculum – year of starting your studies

Pharmacy (recommended curriculum)															
WHEN	SEMESTER	REC. SEMESTER	SUBJECT ID	SUBJECT TITLE	COURSE DIRECTOR	ORGANISATIONAL UNIT	PREREQUISITE 1	PREREQUISITE 2	PREREQUISITE 3	LECTURE	PRACTICE	SEMINAR	TOTAL	GRADE	CREDITS
2020/2021	Fall	1	OPA-ALK-T	General Chemistry	Dr. Pál PERJÉSI	Department of Pharmaceutical Chemistry	-	-	-	42	0	14	56	Semester exam	4
2020/2021	Fall	1	OPA-B1E-T	Biomathematics 1 - Theory	Dr. László GRAMA	Department of Biophysics	OPA-B1G-T p	-	-	28	0	0	28	Semester exam	2
2020/2021	Fall	1	OPA-B1G-T	Biomathematics 1 - Practice	Dr. László GRAMA	Department of Biophysics	-	-	-	0	28	0	28	Midsemester grade	2
2020/2021	Fall	1	OPA-L1E-T	Pharmacopoeial Analysis 1 - Theory	Dr. Imre HUBER	Department of Pharmaceutical Chemistry	OPA-L1G-T p	-	-	28	0	0	28	Semester exam	2
2020/2021	Fall	1	OPA-L1G-T	Pharmacopoeial Analysis 1 - Practice	Dr. Imre HUBER	Department of Pharmaceutical Chemistry	-	-	-	0	42	0	42	Midsemester grade	3
2020/2021	Fall	1	OPG-GPR-T	Pharmaceutical propedeutics	Dr. Szilárd PÁL	Department of Pharmaceutical Biotechnology	-	-	-	14	0	0	14	Midsemester grade	1
2020/2021	Fall	1	OPO-GL1-T	Pharmaceutical Biology 1	Dr. Katalin SÍPOS	Department of Forensic Medicine	-	-	-	42	1	13	56	Semester exam	4
2020/2021	Fall	1	OPO-Z1E-T	Physics-Biophysics 1 - Theory	Dr. András LUKÁCS	Department of Biophysics	OPO-Z1G-T p	-	-	28	0	0	28	Semester exam	2
2020/2021	Fall	1	OPO-Z1G-T	Physics-Biophysics 1 - Practice	Dr. András LUKÁCS	Department of Biophysics	-	-	-	0	28	0	28	Midsemester grade	2
2020/2021	Fall	1	OPR-ESE-T	First Aid	Dr. Lajos BOGÁR	Department of Anaesthesiology and Intensive Therapy	-	-	-	0	6	8	14	Signature	0
2020/2021	Fall	1	OPR-LGT-T	Pharmaceutical Terminology	Gabriella HÁBEL	Department of Languages for Biomedical Purposes and Communication	OPG-GPR-T p	-	-	0	0	28	28	Signature	0
2020/2021	Both	1	ATT1-T	Physical Education 1	Dr. István KARSAI	UP MS Sports Facilities	-	-	-	0	28	0	28	Signature	0
2020/2021	Spring	2	OPA-B2E-T	Biomathematics 2 - Theory	Dr. Beáta BUGYI	Department of Biophysics	OPA-B1E-T	OPA-B2G-T p	-	28	0	0	28	Semester exam	2
2020/2021	Spring	2	OPA-B2G-T	Biomathematics 2 - Practice	Dr. Beáta BUGYI	Department of Biophysics	OPA-B1E-T	-	-	0	28	0	28	Midsemester grade	2
2020/2021	Spring	2	OPA-L2G-T	Pharmacopoeial Analysis 2 - Practice	Dr. Pál PERJÉSI	Department of Pharmaceutical Chemistry	OPA-L1E-T	OPA-ALK-T	-	0	42	0	42	Midsemester grade	3
2020/2021	Spring	2	OPA-M2G-T	Inorganic Pharmaceutical Chemistry - Practice	Dr. Pál PERJÉSI	Department of Pharmaceutical Chemistry	OPA-ALK-T	-	-	0	42	0	42	Midsemester grade	3
2020/2021	Spring	2	OPA-P2E-T	Pharmacopoeial Analysis 2 - Theory	Dr. Pál PERJÉSI	Department of Pharmaceutical Chemistry	OPA-L1E-T	OPA-ALK-T	OPA-L2G-T p	42	0	0	42	Final exam	3
2020/2021	Spring	2	OPA-PC1-T	Physical Chemistry 1	Dr. Gábor LENTE	Faculty of Sciences - Institute of Chemistry - Department of General and Physical Chemistry	OPA-ALK-T	OPA-B1E-T	OPO-Z1E-T	42	0	0	42	Semester exam	3
2020/2021	Spring	2	OPA-T2E-T	Inorganic Pharmaceutical Chemistry - Theory	Dr. Pál PERJÉSI	Department of Pharmaceutical Chemistry	OPA-ALK-T	OPA-M2G-T p	-	42	0	14	56	Final exam	4
2020/2021	Spring	2	OPO-AI1-T	Human Anatomy, Histology and Embriology 1	#HIÁNYZIK	Department of Anatomy	OPO-GL1-T	-	-	14	0	14	28	Semester exam	2
2020/2021	Spring	2	OPO-G2B-T	Pharmaceutical Biology 2	Dr. Katalin SÍPOS	Department of Pharmaceutical Biology	OPO-GL1-T	-	-	28	10	18	56	Final exam	4
2020/2021	Spring	2	OPO-Z2E-T	Physics-Biophysics 2 - Theory	Dr. András LUKÁCS	Department of Biophysics	OPO-Z1E-T	OPO-Z2G-T p	-	28	0	0	28	Final exam	2
2020/2021	Spring	2	OPO-Z2G-T	Physics-Biophysics 2 - Practice	Dr. András LUKÁCS	Department of Biophysics	OPO-Z1E-T	-	-	0	28	0	28	Midsemester grade	2

# Curriculum

- Interrelated subjects
- Prerequisites for taking up a subject
  - Prerequisite subject in parallel
  - Prerequisite subject completed
- Credit system – flexibility
  - ! Timetable problems (e.g. overlapping classes)

# Subjects

- Obligatory subjects
  - Criterion requirements  
(0 credit, only signature; e.g. sports, professional practice)
- Non-obligatory subject (20% of credits)
  - Elective subjects – 15%
  - Optional subjects – 5%

# Course finder

If only I knew how to do it... How to study effectively at university?

## Data

Official data in SubjectManager for the following academic year: **2020-2021**

### COURSE DIRECTOR

**Dr. Ágnes FARKAS** ([agnes.farkas@aok.pte.hu](mailto:agnes.farkas@aok.pte.hu)), associate professor

Department of Pharmacognosy

### SUBJECT DATA

Code of subject: **OPF-HCS-T** | **2 credit** | **Pharmacy** | **Optional** module | **autumn**

Prerequisites: -

### NUMBER OF HOURS/SEMESTER

14 lectures + 0 practices + 14 seminars = total of 28 hours

### COURSE HEADCOUNT LIMITATIONS

min. 3 – max. 20 person

## TOPIC

The course introduces students to study techniques and approaches that can be used effectively in studying any subject and passing exams at the university. Classes will include developing study skills and attitudes through interactive tasks to enhance focusing, reading, comprehension, grasping the main points, memorizing and logical thinking. Students will analyze their own studying customs and strategies, and will be guided through changing these habits if necessary, in order to study more effectively and willingly. After providing some theoretical background in the lectures, students can put into practice each technique in the seminars.

## LECTURES

- 1. General characteristics of university studies, Types of classes, assignments, exams. - Dr. Farkas Ágnes
- 2. Know yourself: motivation to study - Dr. Farkas Ágnes
- 3. Know yourself: styles of studying - Dr. Farkas Ágnes
- 4. Know yourself: strategies of studying - Dr. Farkas Ágnes
- 5. Study techniques: reading - Dr. Farkas Ágnes
- 6. Study techniques: studying from a textbook - Dr. Farkas Ágnes
- 7. Study techniques: taking notes, preparing an outline - Dr. Farkas Ágnes
- 8. Study sources: using a library - Dr. Farkas Ágnes
- 9. Study sources: using the internet - Dr. Farkas Ágnes
- 10. Test writing, question types - Dr. Farkas Ágnes
- 11. Preparing for exams, passing an exam - Dr. Farkas Ágnes
- 12. Presentations - Dr. Farkas Ágnes
- 13. Manage your study customs: optimal outer and inner conditions - Dr. Farkas Ágnes
- 14. Manage your study customs: time management - Dr. Farkas Ágnes

## PRACTICES

## **Obligatory literature**

### **Literature developed by the Department**

Lecture materials and seminar handouts will be available in Neptun Meet Street.

### **Notes**

### **Recommended literature**

Marty Lobdell (2015): Study Less, Study Smart.

## **CONDITIONS FOR ACCEPTANCE OF THE SEMESTER**

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Maximum of 15 % absence allowed

## **MID-TERM EXAMS**

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Mastering the theoretical background and implementing the course material into practice will be checked by individual tasks and team work during classes, as well as home assignments.

## **MAKING UP FOR MISSED CLASSES**

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Students can make up for missed classes by completing assignments at home or by presenting a topic related to the course.

## **EXAM TOPICS/QUESTIONS**

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## **EXAMINERS**

# Types of classes

- Lecture – participation regulation changes (usually 25% absence)
- Seminar – 15% absence
- Practice – 15% absence
- Training – developing skills, experience-based learning
- Personal discussions – e.g. working on your thesis, students' research



# Checking your knowledge

- Subjects ending with midsemester grade (test, presentation, home assignment, lab notebook)
- Subjects ending with exam (oral, written)
  - Several dates – student's responsibility
  - Several subjects: no regular knowledge check in the instruction period – student's choice: when to start studying